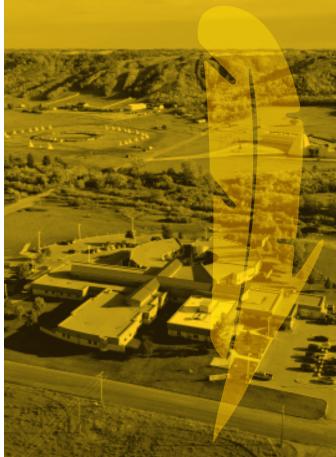


## **CONTACT US**

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FILE HILLS QU'APPELLE TRIBAL COUNCIL

# **HEALTH SERVICES**





### VISION

FHQ health services is respected globally for exceeding quality in the delivery of safe health care services that embrace First Nations cultures and our traditions of wholistic physical, mental, emotional and spiritual wellbeing contributing to healthy individuals, families and communities.

### MISSION

FHQ Health services is a program of the FHQTC dedicated to the delivery of safe client-centered wholistic care and supportive services for and with our member Nations that are consistent with our values and meet the needs of our communities.

### () VALUES

Health Services lives the values of the FHQTC: Respect, Accountability, Cooperation & Integrity.

Specific to our health care environment, we emphasize: Cultural Practices, Collaboration & Relationships; Self Directed Health Care; Community Involvement; Innovation



#### **OVERVIEW**

File Hills Qu'Appelle (FHQ) Health Services is a department of the FHQ Tribal Council in Fort Qu'Appelle, offering health programs and services to the nations of our Tribal Council:

File Hills Agency

- Carry the Kettle Nakoda Nation
- Little Black Bear's Band of Cree and Assiniboine
- Okanese First Nation
- Peepeekisis Cree Nation
- Star Blanket Cree Nation

#### Qu'Appelle Agency

- Muscowpetung Saulteux Nation
- Nekaneet First Nation
- Pasqua First Nation
- Piapot First Nation
- Standing Buffalo Dakota Nation
- Wood Mountain Lakota First Nation



### **ABOUT US**

FHQTC Health Services is a partner in the delivery of health programs within Southern Saskatchewan and Treaty 4. Together with the communities of the File Hills Qu'Appelle Tribal Council (FHQTC), we serve a regional population of more than 5,500 citizens who live on reserve across the 11 nations.

FHQTC Health Services is guided by a comprehensive health services model which balances both the traditional and contemporary approaches to wellness. Mainstream health services tend to be specialized, fragmented, and challenging to access, particularly in our rural areas. FHQTC health planning and delivery is guided by the communities of FHQTC focussing on the importance of treating the whole person or the whole community. Within this context we are guided by the following principles:

- Holistic Health People in healthy communities
- Community based needs
- Client outcome focused (individual and community)
- Ensuring a Continuum of Services
- Coordinated Primary Care Approach
- Multi-disciplinary/Cross Disciplinary Teams
- Partnerships and collaboration among communities, health providers and health jurisdictions.

#### **OUR PROGRAMS**

FHQ Health Services is a program of File Hills Qu'Appelle Tribal Council dedicated to the delivery of safe, client centered wholistic care and supportive services for and with our member Nations that are consistent with our values and meet the needs of our communities.

The mission of the FHQ Tribal Council First Nations Health Services Program is to assist in the development of healthy and safe communities by enhancing and complimenting the client services currently being delivered to First Nations of FHQ Tribal Council in a culturally respectful and professional manner. the nations of our Tribal Council:

- Aboriginal Diabetes Initiative
- Canada Prenatal Nutrition Program
- Community Health Nursing
- Environmental Public Health
- Home & Community Care
- Jordan's Principle
- Lactation Consultant
- Maternal Child Health
- Miko-Mahikan Red Wolf
- Telehealth
- Rehabilitation Therapies
- Water Quality Program